ACROSS

3. The mascot for our event.  
   *Hint: It’s pink and can fly*

4. The city where the Flying Pig Marathon takes place

7. A type of grain that is good for you!

8. An event that contains 26.2 miles.

9. The most important meal of the day

10. The most important nutrient for your body.  
    *Hint: Something you should drink a lot of*

DOWN

1. Broccoli and peas are both examples of a

2. Helps provide strong bones.  
   *Hint: Is found in milk and is one of the nutrition challenges on your Hog Log.*

5. The main source of energy for your body  
   *Hint: Some runners load up on these the night before a big race*

6. Something you are tracking on your Hog Log.  
   *Hint: You will do at least 25 of these before the event.*