

Each runner should create a bag of post-run gear to get when they reach the zone at the end of their relay leg. Relay teammates will have the previous leg runner's clothes bag with them and hand it to the incoming runner.

## SAMPLE SCENARIOS

### RELAY RUNNER #1

- Goes to the Start.
- Leave your pre-run gear bag and the post-run gear bag for relay Runner #4 on the gear check bus at the start. Those bags can be retrieved at the finish from the Baggage Buses in Smale Riverfront Park.
- Also, prior the race, give Runner #2 your post-run gear bag to get when you reach the exchange zone.
- Your return bus will drop you on E. Freedom Way. Follow signs to walk south (towards Ohio River) and enter the recovery area to get refreshments-and other goodies. Meet all team members at the Relay Reunion Area at Smale Riverfront Park.

### RELAY RUNNER #2 AT EDEN PARK

- Get to your relay bus from Butler Street, North of 3<sup>rd</sup> Street. Last bus leaves at 5:55 a.m.
- You will have the post-run gear bag for Runner #1 to give to Runner #1 at the exchange zone.
- Prior to boarding the bus, give a post-run gear bag to Runner #3 so that you will have clothing at the next zone.
- Your return bus will drop you on E. Freedom Way. Follow signs to walk south (towards Ohio River) and enter the recovery area to get refreshments-and other goodies. Meet all team members at the Relay Reunion Area at Smale Riverfront Park.

### RELAY RUNNER #3 AT E. HYDE PARK PLAYGROUND

- Get to your relay bus from Culvert Street, North of 3<sup>rd</sup> Street. Last bus leaves at 6:35 a.m.
- You will have the post-run gear bag for Runner #2 to give to Runner #2 at the exchange zone.
- Prior to boarding the bus to Zone 3, give a post-run gear bag to Runner #4 so that you will have clothing at the next zone.
- Your return bus will drop you on E. Freedom Way. Follow signs to walk south (towards Ohio River) and enter the recovery area to get refreshments-and other goodies. Meet all team members at the Relay Reunion Area at Smale Riverfront Park.

### RELAY RUNNER #4 AT LINWOOD

- Get to your relay bus from Eggleston Street, North of 3<sup>rd</sup> Street. Last bus leaves at 7:20 a.m.

- You will have the post-run gear bag for Runner #3 to give to Runner #3 at the exchange zone.
- Prior to race, give a post-run gear bag to Runner #1 to put on the gear check bus at the start to retrieve after your run.
- Runner #4 will get their medal only, refreshments, and other goodies in the Recovery Area and meet all team members at the Relay Reunion Area in Smale Riverfront Park.